



SPRING CLEAN YOUR MEAL ROUTINE.

4 WEEKS TO HEALTHIER EATING, BETTER HABITS AND BIG REWARDS.

SIGN UP TO GET ONE FREE MEAL A WEEK!

SIGN UP NOW



INTRODUCING OUR NEW CLEAN EATING MEAL BUNDLE

We are taking the guesswork out of eating clean by offering a 4 week bundle of healthy meals that are delicious and nutritious. And we're rewarding you for making the commitment by offering a free meal each week.



GET 10 MEALS PER WEEK

For four weeks you'll receive meals designed by nutrition experts and made by local chefs. We do all the research, prep and cooking—you do the eating.



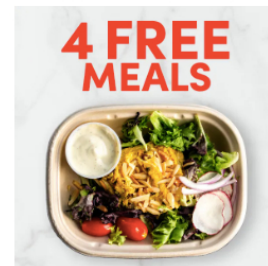
BUILD NEW HABITS

You'll receive customized content each week to turn your clean eating goals into sustainable habits.



ASK A PRO

We give you special access to Territory's registered dietician, who can guide you on your personalized plan.



SAVE BIG

Every week, we're giving you one free meal (up to a \$50* value). That's less money spent on food and more time spent enjoying it.

*varies based on meal size

GET STARTED



SAY HELLO TO NEW



HABITS.

Breaking tired patterns is hard. Building new ones can be even harder. We help you understand the science behind habit creation and how our bodies and brains respond to the change. So when your 4-week reset is complete, you have the tools, practice and power to sustain clean eating for the long term.

DEDICATING 4 WEEKS TO CLEAN EATING CAN HAVE A PROFOUND IMPACT ON YOUR LIFE.

BENEFITS MAY INCLUDE:



happier gut



less sickness



a healthier heart



weight loss or better body composition



more energy



better mood



WHAT CLEAN EATING ACTUALLY MEANS, AND IT'S NOT THAT YOU'VE BEEN EATIN' DIRTY.

[READ MORE ON OUR BLOG](#)



OUR MEALS ARE



Free of refined sugars



Made With No Gluten Containing Ingredients*



Non-Dairy*



Sustainably Sourced



Freshly Made

*OUR MEALS ARE CRAFTED IN KITCHENS WHERE GLUTEN, DAIRY AND OTHER ALLERGENS ARE PRESENT, AND THUS ARE NOT CERTIFIED GLUTEN-FREE, DAIRY OR OTHER ALLERGEN-FREE.

ENJOY CHEF-MADE MEALS DESIGNED FOR 4 WEEKS OF CLEAN EATING.

ORDER NOW



SAN DIEGO, CA

WEEKLY MENU
OUR APPROACH
LOCATIONS
ABOUT US
PRICING
BLOG
HELP CENTER

PLACE AN ORDER
GIVE \$50
GIFT CARDS
SOURCING
PARTNERS
GIVING BACK
TERMS & PRIVACY

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Chat